

Entry Form for Rye and District Wheelers "Up for Lunch" Ride.

Chosen Distance: 20K  40K  55K  100K  Date:

Fee: Adults £5 in advance, £8 on the day. Under 16's free.

Forename: Surname:

Address:

Date of Birth if under 18: (see Parental Consent below)

Email: Tel:

Club: Mobile:

**Insurance:** The entry fee does not include 3<sup>rd</sup> party insurance cover, riders must arrange their own. By signing this form you declare that you are insured and or riding at your own risk. Membership of Cycling Organisations such as British Cycling, CTC or Audax UK will provide you with insurance cover.

**Rules, Guidance and Advice:** The ride is not a race or trial of speed. You are expected to follow the rules of the road and show consideration to other road users.

The route is on open public roads. You should prepare by studying the route.

The route is not way marked or marshalled. You are responsible for your own safety/conduct.

The organisers provide no rescue service. Please ensure your bike is roadworthy.

The organisers strongly recommend the wearing of safety helmets and lights.

Entrants under 16 will only be accepted if accompanied on the ride by a Parent/Guardian.

**Parental consent:** Required for riders under the age of 18 years of age, Parents should note the information on this form and be aware that it is an individual ride without leaders.

**I am the Parent/Guardian of the entrant and give my consent to this entry;**

Signed (Parent/Guardian): Date:

Name (Parent/Guardian, please print):

**Entrant details:**

Signed (entrant): Date:

In case of emergency (name and tel no):

**Send completed form to organiser c/w cheque made payable to; Rye and District Wheelers.**

**Send to;** Paul Simpson, Peartree Cottage, Brissenden Court, Bethersden. Kent. TN26 3BE.

Tel; 01233 820677.

Email; paul.simpson21@btopenworld.com